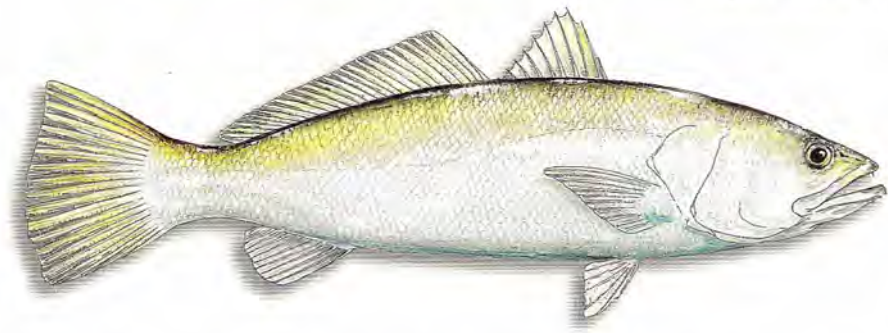


Sand Seatrout "White Trout"

Cynoscion arenarius



DESCRIPTION: Many fishermen describe the White Trout as a "Speckled Trout without spots," and that's as good a description as any. No confusion there, but this fish can easily be mistaken for the Silver Trout (next). It is tan or yellowish on the back and upper sides; silvery on the underparts. It also has the prominent canine teeth typical of the Seatrouts.

SIZE: The average is a pound or less; rarely reaches two pounds. World record 6 pounds, 2 ounces.

FOOD VALUE: Quite good; milder than Speckled Trout when filleted. Smaller ones with skin on make tasty panfish.

GAME QUALITIES: Strong but short runs. Fun, but no challenge.

TACKLE AND BAITS: Light lines on spinning or bait-casting tackle. Small leadhead jigs will take White Trout, as will other lures, but the huge majority are caught using natural baits, mainly live or dead shrimp and cut fish or squid.

FISHING SYSTEMS: Still Fishing; Drifting; Casting.

OTHER NAMES:

Sand Trout
Corvina
Triute Blanc
Trucha Blanca

RANGE: All coastal states plus northern Mexico to the Yucatan Peninsula.

HABITAT: Although they occasionally mingle with Spotted Seatrout on grassy flats, White Trout are far more commonly caught in the deep water of channels, bays and harbors, as well as in the open Gulf—usually over hard sand or shell bottom.